
GENERAL ANNOUNCEMENTS

Please arrive on time for the start of worship at 9:30 AM.

- February** **Offering Information for Tax Purposes** (*Contact Steve Chang*)
Please see Steve Chang, Stephen Lee, or Lisa Yi to obtain a copy of your 2009 individual offering information. You can also request a scan copy via email.
- February** **Missions Month**
Sundays We will be hosting a series of missions speakers in February. Please be in prayer for them:
7 Pastor John Lee, President of Bridge Builders Global (Southeast Asia)
14 James Kim, Director of Mobilization for Pioneers (World-wide)
21 -----, Medical/Community missions in Afghanistan
28 Pastor Paul Trudeau of SF City Church, with a focus on local outreach ministries
- Due Feb 12** **FICB POTCH Sign-ups** (*Contact Joey Chun*)
Friday Have you been blessed with talent & creativity? Sign-up to present the Gospel through music, skit, dance, words, or other creative outlets to those who do not yet know Christ in Berkeley!
Application: http://ficb.org/POTCH_app.doc (submit to Joey)
- February 12** **Sisters Appreciation Night, 6:30 pm-10:00 pm, Fellowship Hall** (*Contact Jason Wei*)
Friday FICB and FICS men are teaming up this year to show our sisters in Christ some Valentine's Day love.
- Help Wanted** **Sponsoring Cambodia Missionaries & Teachers** (*Contact George Chong*)
KCPC has the privilege and opportunity to support a teacher and a missionary working with NIBC/Bridge Builders Global in Siem Reap. We are aiming to raise at least \$300 in total support for both Boren He and Robinson Zote, both of whom our missions teams have met. These funds are a practical way you can help further the Gospel in Cambodia. No amount is too small. Contact George for a sign-up sheet or take one from the bulletin board.
- Help Wanted** We are looking for COMMITTED, COMPASSIONATE, and CARING teachers for the smallest, cutest, and youngest members of our Christian family. Invest your time and worship with them, teach them the Word of God, enjoy fellowship in Christ together, and grow together in the vision of ministry to God, to God's people, and to God's World.
(*Contact Jane Lee*)

More details online at <http://sfkcpc.org/bulletin>

LUNCH DUTY

	SHIFT 1	SHIFT 2	Both shifts, leave immediately after sermon during prayer.
This Sunday	Husbands	FICB	Shift 2 eats when Shift 1 serves and cleans when Shift 1 eats.
Next Sunday	SB & SF	FICB & FICS	

WEEKLY EVENTS

Morning Prayer	Sunday	8:30 am	Jessica
EM CM	Sunday	9:50 am	Jane
Newcomer Lunch	Sunday	11:00 am	Tommy

BIBLE STUDY GROUPS

Berean	Sunday	12:30 pm	R. Ting
Berkeley	Various	Various	Joey
Stanford	Various	Various	Jason
Married Couples	Sunday	11:30 am	R. Ryan
Women (San Francisco)	Tuesday	7:00 pm	Junette
Daly City	Wednesday	7:30 pm	Roy
East Bay (Alameda)	Thursday	7:00 pm	Connie
San Francisco	Thursday	7:30 pm	Tommy
South Bay (Santa Clara)	Thursday	7:00 pm	Albert

E-MAIL LISTS

If you want to be added to the KCPC e-mail list(s) so you can be kept informed about events, please contact *Tommy Lee*.

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KOREAN CENTRAL PRESBYTERIAN CHURCH

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REFLECTION

1 Kings 8:27-30 (NIV)

²⁷"But will God really dwell on earth? The heavens, even the highest heaven, cannot contain you. How much less this temple I have built! ²⁸Yet give attention to your servant's prayer and his plea for mercy, O LORD my God. Hear the cry and the prayer that your servant is praying in your presence this day. ²⁹May your eyes be open toward this temple night and day, this place of which you said, 'My Name shall be there,' so that you will hear the prayer your servant prays toward this place. ³⁰Hear the supplication of your servant and of your people Israel when they pray toward this place. Hear from heaven, your dwelling place, and when you hear, forgive.

PRAYER OF CONFESSION

Psalm 32:2-4 (NIV)

²Blessed is the man whose sin the LORD does not count against him and in whose spirit is no deceit. ³When I kept silent, my bones wasted away through my groaning all day long. ⁴For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. *Selah*

ASSURANCE OF GRACE

Psalm 32:5 (NIV)

Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the LORD"— and you forgave the guilt of my sin. *Selah*

ECCLESIASTICAL EXCELLENCE IN CHRIST—"TO PRESENT HER TO HIMSELF AS A RADIANT CHURCH" EPH 5:27

new to
KCPC?

Then please enjoy lunch with the welcoming team. We'll be in the fellowship hall after service. There you can get to know some of our members and learn about our church! You can also e-mail us.

How to Pray When Stuck Inside a Fish

Speaker: Pastor Ting Wang

Jonah 2 (NIV)

¹ From inside the fish Jonah prayed to the LORD his God. ² He said:

"In my distress I called to the LORD,
and he answered me.
From the depths of the grave I called for help,
and you listened to my cry.

³ You hurled me into the deep,
into the very heart of the seas,
and the currents swirled about me;
all your waves and breakers
swept over me.

⁴ I said, 'I have been banished
from your sight;
yet I will look again
toward your holy temple.'

⁵ The engulfing waters threatened me,
the deep surrounded me;
seaweed was wrapped around my head.

⁶ To the roots of the mountains I sank down;
the earth beneath barred me in forever.
But you brought my life up from the pit,
O LORD my God.

⁷ "When my life was ebbing away,
I remembered you, LORD,
and my prayer rose to you,
to your holy temple.

⁸ "Those who cling to worthless idols
forfeit the grace that could be theirs.

⁹ But I, with a song of thanksgiving,
will sacrifice to you.
What I have vowed I will make good.
Salvation comes from the LORD."

¹⁰ And the LORD commanded the fish, and it vomited
Jonah onto dry land.

Sermon Notes

Structure

1. Enveloping of 3rd person with 2nd person
2. Alternating descriptions of water and theological meditation

Themes

1. Monergistic salvation
2. Understanding distress as resulting in good—God of the impossible

Exposition (by verse)

1. **"From inside the fish, Jonah prayed"**—Pray anytime, anywhere. "When you pray, do not keep on babbling like pagans" (Matthew 6:7). "I do believe; help me overcome my unbelief!" (Mark 9:24)
2. **"In my distress"**—Life can make you better or bitter: "Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death" (2 Corinthians 7:10).
"depths of the grave" = "Sheol" = "hell." Life can feel like hell.
"called/answered, called/listened"—"This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know we have what we asked of him" (1 John 5:14-15).
3. **"deep...heart...swept over me"**—Three dimensional trouble. This is for the good of the elect: "Indeed, in our hearts we felt the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead" (2 Corinthians 1:9).
4. **"I have been banished"**—Jonah fled initially, but now recognizes God's sovereignty.
"holy temple"—Not a physical place: "The God who made the world and everything in it is the Lord of heaven and earth and does not live by temples built by hands" (Acts 17:24).
"I will look again"—God of the impossible: "Is anything too hard for the LORD? I will return to you at the appointed time next year and Sarah will have a son" (Genesis 18:14). "I am the LORD,

the God of all mankind. Is anything too hard for me?" (Jeremiah 32:27).

5. **"Seaweed was wrapped around my head"**—Sensory description. Jonah vividly describes his descent.
6. Cosmic, almost mythical language.
"But you brought my life up from the pit"—God is God of the impossible: "God...gives life to the dead and calls things that are not as though they were" (Romans 4:17). "...To bestow on them a crown of beauty instead of ashes, the oil of gladness instead of a spirit of mourning, and a garment of praise instead of a spirit of despair" (Isaiah 61:3). "See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland" (Isaiah 43:19).
"O LORD my God"—the center of the poem and the turning point both physically and spiritually.
7. **"I remembered you"**—By God's grace, let us not necessarily require a life-threatening experience for us to remember the Lord.
"prayer rose"—Upward imagery, halting the descent.
8. **"those who cling"**—Notice that for Jonah, these idols are not physical idols, but are instead idols of the heart/mind.
9. **"With a song of thanksgiving"**—The true purpose of music, to glorify the Lord, not to glorify human relationships or material things.
"sacrifice"—"offer your bodies as living sacrifices" (Romans 12:1). "Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that confess his name" (Hebrews 13:15).
"vowed"—Jonah is mirroring the vows of the sailors upon conversion.
"Salvation comes from the LORD"—Jonah had nothing to do with coming out of the fish, Lazarus had nothing to do with coming out of the tomb (John 11), the dry bones do not contribute to their resurrection (Ezekiel 37). "Yet to all who received him, to those who believed in his name, he gave the right to become children of God—children born not of natural descent, nor of human decision or a husband's will, but born of God" (John 1:12-13).
10. **"vomited Jonah"**—God's commentary on Jonah's former hypocrisy.